

Breastfeeding
Committee
for Canada



Comité
canadien pour
l'allaitement



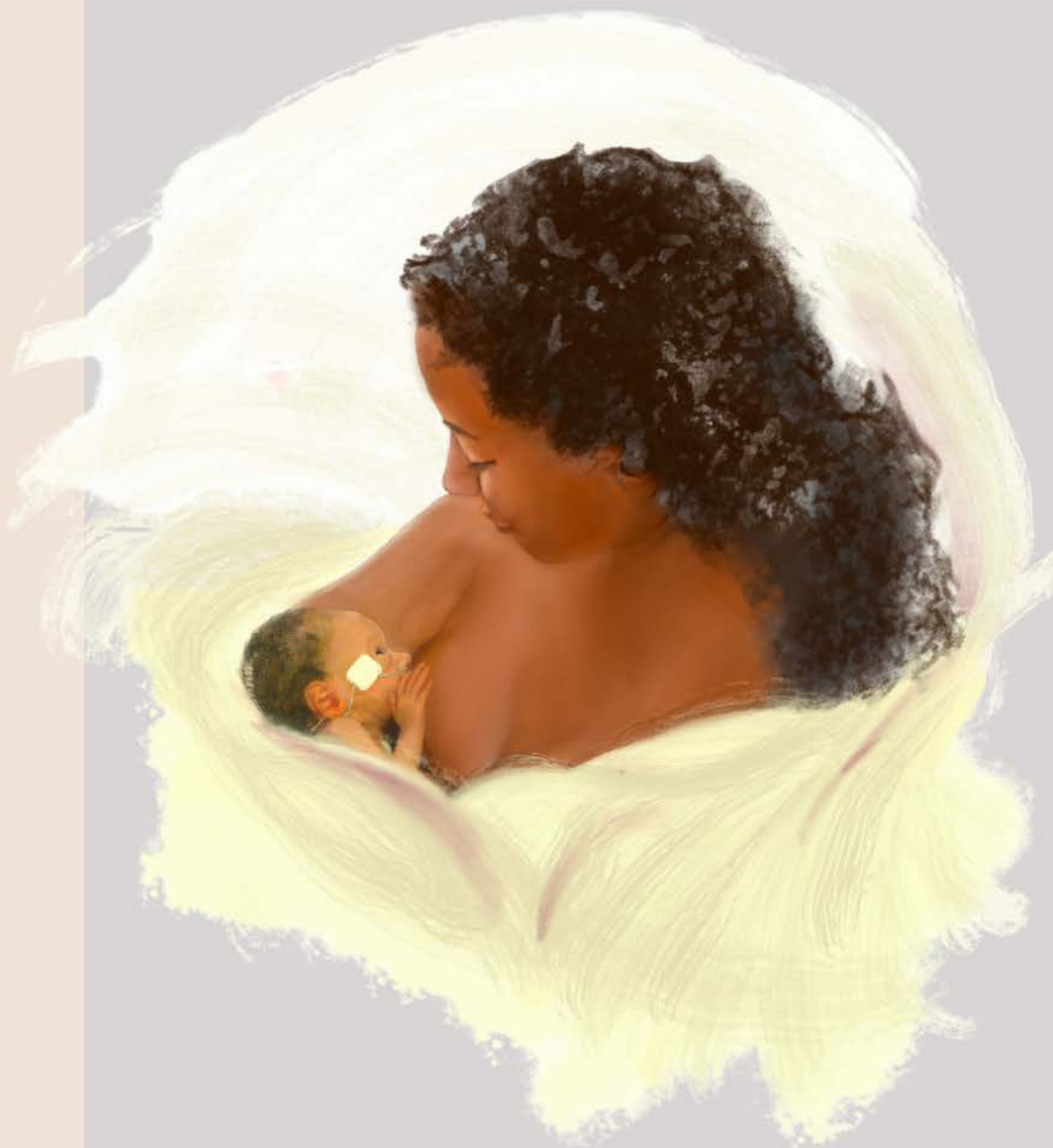
Update on the BFI National Symposium

**If you missed a session
at our BFI National
Symposium,
DON'T WORRY!**

**Recordings of the
sessions will be
released in the coming
days to symposium
registrants**



Stay tuned for more info



WABA | WORLD BREASTFEEDING WEEK 2024

MONIKA RUMBOLT



Meet the Speaker

Monika is an Inuk Visual Artist, Author & Youth Engagement Officer at Ulnooweg Indigenous Foundation. She opens days 1-3 of our Symposium with a “Tent Talk”. Indigenous tents, offer not just shelter and warmth, but a haven for kinship and unity. It is here that stories are woven, bonds are forged, and spirits commune in harmony. Embark with Monika on a journey of ancestral traditions, where the art of sharing sets the tone for the theme of each day.



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ANN BIGELOW



Meet the Speaker

Ann Bigelow Ph.D, MA, BA, Senior Research Professor at St. Francis Xavier University will join us on day 1 to discuss the effect of skin to skin care on full-term infants' social-cognitive development in her presentation *"Supporting Breastfeeding Initiation, Skin to Skin Contact, Transition from Hospital to Community"*



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MARSHA CAMPBELL-YEO



Meet the Speaker

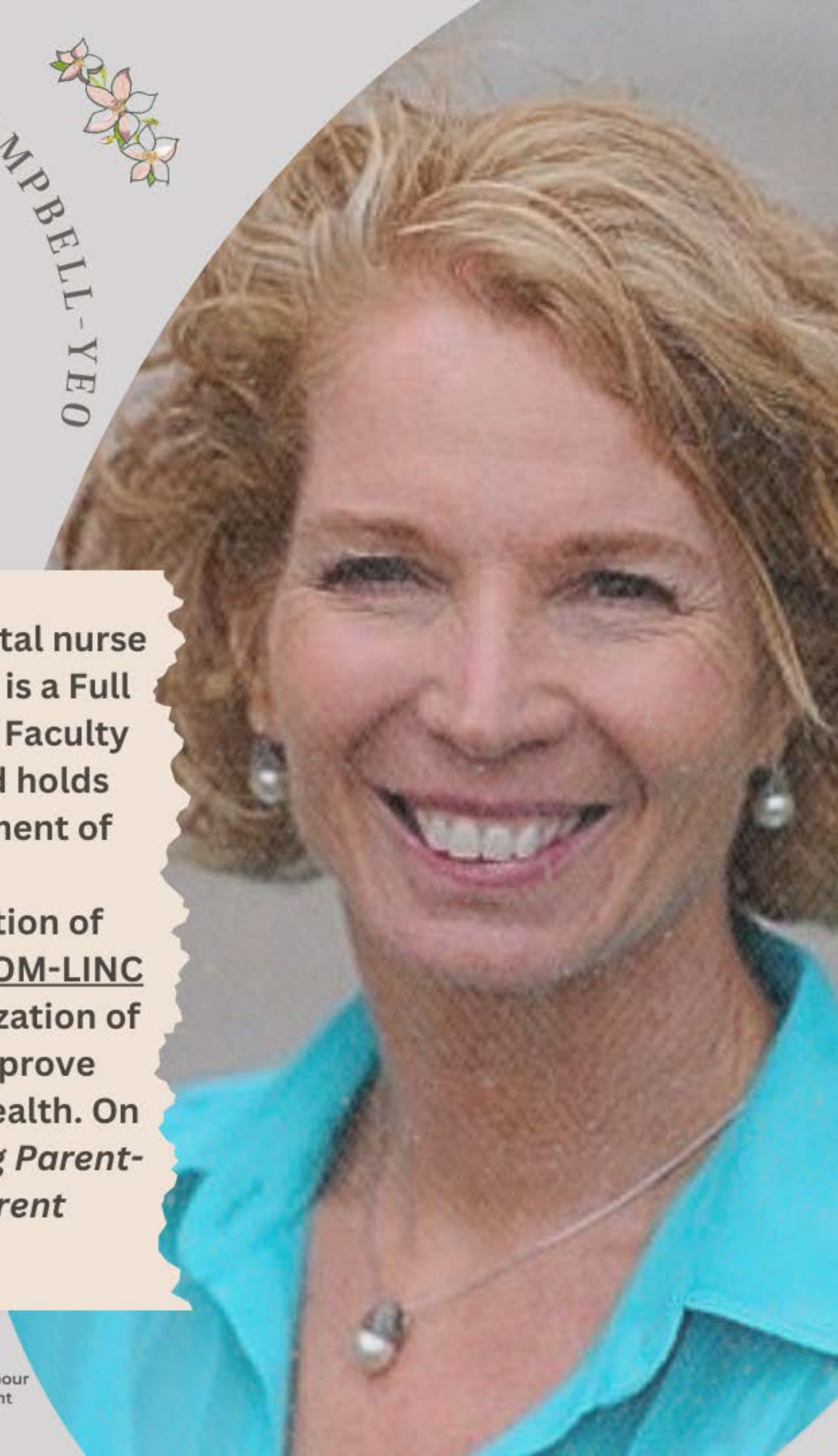
Dr. Marsha Campbell-Yeo, a neonatal nurse practitioner and clinician scientist, is a Full Professor at the School of Nursing, Faculty of Health, Dalhousie University and holds cross-appointments in the Department of Pediatrics, and Psychology and Neuroscience. Her Canada Foundation of Innovation funded research lab, MOM-LINC (Mechanisms, Outcome and Mobilization of Maternally Led Interventions to Improve Newborn Care) is located at IWK Health. On Day 1, Marsha presents “*Advancing Parent-Led Infant Pain Care: Evidence, Parent Engagement and Advocacy*”.



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DR. KRISTA JANGAARD



Meet the Speaker

Leadership plays a vital role in creating an organizational culture that supports breastfeeding and baby-friendly practices. During day 1, Dr. Krista Jangaard, Neonatologist, President and CEO of IWK Health Centre in Halifax, Nova Scotia shares her thoughts and experiences of leading a tertiary care facility that has recently been re-designated Baby-Friendly.



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LEAH WHITEHEAD



Meet the Speaker

Leah Whitehead is the Parent Partner Coordinator for NICU at the IWK Health Centre in Halifax, Nova Scotia. In the Spring of 2024 the IWK participated in an external assessment pilot on behalf of the Breastfeeding Committee for Canada. On day 2 of our Symposium, Leah will discuss with us the key tenets of BFI that set this pilot up for success and her reflections on how this model of teamwork could be implemented nation-wide.



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Meet the Speaker

DR. SHELA HIRANI



Dr. Shela Hirani, PhD, MScN, BScN, RN, IBCLC is an Associate Professor at the University of Regina Pediatrics, Maternal and Child Health (Focus: Human Lactation). Dr. Hirani comes to us on Day 2 of our Symposium with ***“A Call to Action: Strategies to dismantle breastfeeding barriers among vulnerable populations of mothers affected by disasters and displacement”***.



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Promoting Equity in Breastfeeding Support

Panel Discussion

October 4th, 2024 12:00 PM - 2:00 pm ET

Panelists

Dr. Jane Francis, PhD RD

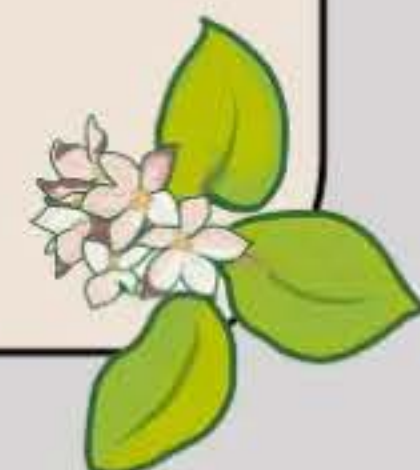
Postdoctoral Research Fellow
Acadia University

Michelle Ward, BSW, RSW

Director of Community Development
Town of New Glasgow

Sheila Mills, NP, IBCLC, PNC(c)

Nurse Practitioner
Halifax Primary Care Clinic



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KIRSTI JANGARD



Meet the Artist

Kirsti is a visual artist and Registered Nurse based out of Musquodoboit Harbour, Nova Scotia.

She works as an RN at the IWK Health Centre in Halifax, Nova Scotia in the Neonatal Intensive Care Unit.



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Kirsti draws inspiration for this year's BFI Symposium theme, of "Closing the Gap", through her experiences supporting breastfeeding with infants, parents, and families facing prolonged medical admissions, particularly in the NICU. Kirsti has also been deeply moved by the stories shared by these families, who have navigated the successes and challenges of maintaining breastfeeding throughout long hospital stays, premature births, and managing complex medical concerns.



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