

Hot off the Press

Revisions to the *Family-Centred Maternity and Newborn Care: National Guidelines*



Objective

The Family-Centred Maternity and Newborn Care (FCMNC): National Guidelines aim to positively impact health from preconception to postpartum, and throughout the lifecourse of children, women and families.

Purpose

Healthcare providers, policy makers, program planners, administrators and families across Canada consult the guidelines for planning, implementing and evaluating maternal and newborn programs and services.



Over 100 expert from various disciplines

Oversight Committee

Lynn M. Menard RN, BScN, MA

Maternal and Child Health

Division of Children and Youth

Michelle LeDrew RN, MN, CHE

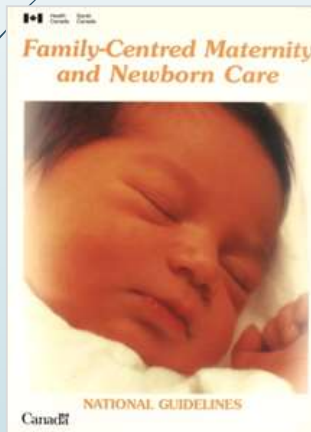
Breastfeeding Committee for Canada

Director, Women's and Newborn Health

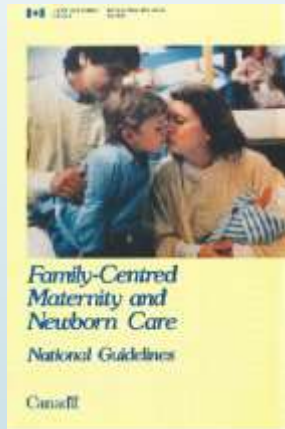
IWK Health Centre, Halifax, NS

History

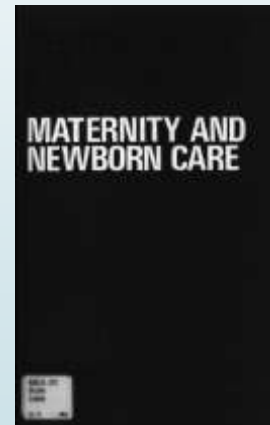
- National guidelines for maternal and newborn care have been published since 1968 and revised in 1974, 1987 and 2000.
- In 1987 the guidelines adapted the principle of family-centred care.



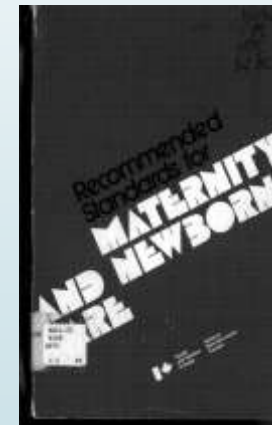
2000



1987



1974



1968



Content and Current Status

1. Introduction: Philosophy and Guiding Principles of Family-Centred Care
2. Preconception Care
3. Care During Pregnancy
4. Care During Labour and Birth
5. Early Postpartum Care of Mother and Infant
6. Breastfeeding
7. Loss and Grief
8. Organization of Services, Transport, and Facilities and Equipment
9. Epilogue: Future Directions



Chapter 6: Breastfeeding

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Family-Centred Maternity and Newborn Care

“... is a complex, multidimensional, dynamic process of providing safe, skilled, and individualized care. It responds to the physical, emotional and psychosocial needs of the woman and her family ... pregnancy and birth are considered normal, healthy life events ... care recognizes the significance of family support, participation and choice. In effect, family-centred maternity and newborn care reflects as attitude rather than a protocol.”

Rush J. Family-centred Maternity Care Scoring Tool Project: Phase II: Obtaining Parent Input. Toronto: Ontario Ministry of Health, Institutional Services Bank, Maternal and Newborn Initiatives, 1997.

The BFI Template

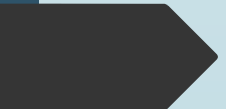
Introduction: the Importance
of Breastfeeding

Breastfeeding Policy

Knowledge and Skills for health
care providers

Information for Pregnant
Women and their Family

Skin-to-Skin Care



The BFI Template

Assist Mothers with
Breastfeeding Challenges

The Importance of Exclusive
Breastfeeding and
Supplements Only When
Medically Indicated



The BFI Template

Mother Baby Togetherness

Responsive, Cue-Based
Feeding

Support alternatives to Artificial
Teats

Support in the Community

International Code of
Marketing of Breast-Milk
Substitutes (WHO Code)

Appendix A,B ,C

References



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BFI Template

Supports and Augments the BFI Indicators

Emphasis of Feeding Assessment

Up-dated referencing

Links to full text



Methods of Dissemination

Preference:

- updates via email, webinars and presentations/posters.
- access the FCMNC National Guidelines via desktop, website and PDF



Questions

